We provide health and wellbeing support and services to University of Guelph students across campus, with most services operating from the J.T. Powell Building.

**Accessibility Services** helps students who experience disabilities achieve full and equitable participation on campus and in academic life.
Phone: 519-824-4120 ext. 52131

**Counselling Services** supports students facing personal challenges, as well as supporting staff and faculty responding to student concerns.
Phone: 519-824-4120 ext. 52131

**Health Services** provides comprehensive health promotion, disease prevention and primary medical care to full- and part-time students.
Phone: 519-824-4120 ext. 52131

**Education & Promotion Centre** is a student-driven unit that provides resources, interactive programming and peer-to-peer education and support about health and well-being.
519-824-4120 ext. 53327

**Health and Performance Centre** helps prevent and treat sports and activity-related injuries and health concerns for students, staff, faculty and the greater Guelph community.
519-767-5011 (press 1 for reception) or campus ext. 53039

**Student Support Network** offers drop-in peer support in a confidential and judgement-free environment by extensively trained student volunteers.
519-824-4120 ext. 53327

**Sexual Violence Supports** offers informed support for trauma survivors, and an opportunity for the community to learn more about policies and procedures related to sexual violence.
Phone: 519-824-4120 ext. 52131

wellness.uoguelph.ca
STUDENT WELLNESS
Live well. Achieve Wellness.

Accessibility Services
Counselling Services
Education & Promotion Centre
Health & Performance Centre
Health Services
Sexual Violence Supports
Student Support Network

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